



Ask about	If yes
Substance abuse	Primary or co-occurring substance abuse
Manic episode	Bipolar disorder
Hallucinations Delusions	Psychosis
Medications or medical condition causing depression	Mood disorder due to general medical condition

If no

Clinical feature	Diagnosis
≥ 5 DSM symptoms	Major depressive disorder
≥ 2 years, milder symptoms	Dysthymia
Follows psychosocial stressor	Adjustment disorder
Milder symptoms	Depressive disorder NOS
Seasonal pattern	Seasonal affective disorder
Related to menstruation	Premenstrual dysphoric disorder
Follows death of a loved one	Bereavement

Source: Henderson MC, Tierney LM, Smetana GW: *The Patient History: An Evidence-Based Approach to Differential Diagnosis*: www.accessmedicine.com
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