

# 6 AREAS AFFECTED WHEN AUTONOMIC NERVES ARE DAMAGED

## EYES

*Difficulty adjusting from  
light to dark*

## BLADDER

*Loss of bladder control  
Urinary retention  
Urinary tract infections*

## DIGESTIVE SYSTEM

*Indigestion or heartburn  
Nausea or vomiting  
Diarrhea or constipation  
Bloating  
Loss of appetite*

## HEART & BLOOD VESSELS

*Dizziness or fainting  
Difficulty breathing  
Abnormal blood pressure  
High heart rate  
Heart attack (without  
warning signs)*

## SEX ORGANS

*Erectile dysfunction  
Difficulty achieving orgasm  
during sex (women)  
Vaginal dryness*

## SWEAT GLANDS

*Lack of sweat  
Excessive sweating  
Dry skin on feet*

