



The PUQE-24 Score is used to determine the severity of nausea and vomiting in pregnant women. It can be a helpful tool for tracking changes in symptoms.

1. In the last 24 hours, for how long have you felt nauseated or sick to your stomach?

Not at all (1)	1 hour or less (2)	2-3 hours (3)	4-6 hours (4)	More than 6 hours (5)
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2. In the last 24 hours have you vomited or thrown up?

I did not throw up (1)	1-2 times (2)	3-4 times (3)	5-6 times (4)	7 or more times (5)
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3. In the last 24 hours how many times have you had retching or dry heaves without bringing anything up?

No time (1)	1-2 times (2)	3-4 times (3)	5-6 times (4)	7 or more times (5)
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Scores in brackets, add up each answer to determine the PUQE-24 score

MILD: 4-6

MODERATE: 7 to 12

SEVERE: ≥ 13

PUQE-24 SCORE